

2020 CAMP ANOKIJIG HEALTH & MEDICAL FORM FOR MINOR

Health History: (Pages 1-3)

Physical Examination: (Page 4)

Filled out by Parents/Guardians Each Year

Filled out by Licensed Medical Personnel

Fill out Legibly in English

The information on this form is gathered to assist us in identifying appropriate care and adhere to state code. Health history (first 3 pages) must be filled out by the parents/guardians of minors or by adults themselves. A new Health & Medical Form is required annually (pages 1-3). Physical exams (page 4) must be completed by a licensed medical provider at least every 24 months, except every 12 months for Adventure Trips and Whitewater Day Trip participation.

DOES CAMPER NEED A NEW DOCTOR'S PHYSICAL EXAM FOR CAMP ANOKIJIG?:

YES

NO

If **"NO"** parent/guardian must complete pages 1 - 3 annually

If **"YES"** parent/guardian must complete pages 1 - 3 annually plus camper must get a physical examination – see page 4

Health History (Filled out by Parents/Guardians):

Camper Name: _____ **DOB:** _____ **Age:** ____ **Biologic Sex:** M F Other
(Last, First & Middle Initial)

Home Address: _____
Street City State Zip

Custodial Parent/Guardian Name: _____

Daytime Phone: _____ **Evening Phone:** _____ **Cell Phone:** _____

Home Address: _____
(If different) Street City State Zip

Business Address: _____
Street City State Zip

If Not Available in an Emergency, Notify: _____

Relationship: _____ **Phone:** _____

Address: _____
Street City State Zip

Medical Insurance - Camp Anokijig does not provide camper health and/or accident insurance.

All medical/prescription bills incurred during a camp stay are the responsibility of the parent/guardian.

This camper is covered by family medical/hospital insurance Yes No

If yes; include a copy of your camper's insurance card with this form ; copy both sides of the card so information is readable.

Please indicate the name of the primary parent insured _____ Date of birth _____

IMPORTANT: Parent/Guardian's release and authorization for treatment **MUST** be complete as stated.

PARENT/GUARDIAN'S RELEASE AND AUTHORIZATION FOR TREATMENT

This health history is correct and complete as far as I know. The person herein named has permission to engage in all camp activities except as noted.

Authorization for Treatment:

I hereby give permission to the camp to provide, seek, and consent to routine health care, administration of prescribed medications, administration of over the counter medicine, and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for the camp to arrange related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes.

It is my intention that the camp be treated as acting in *loco parentis* if the person herein named is a minor. Further, it is my intention that the appropriate representatives of the camp be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated pursuant to the Health Insurance Portability and Accountability Act of 1996.

I hereby agree (pursuant to 45 CFR § 164.510(b)) to the disclosure to camp representatives of the protected health information of the person herein described, as necessary: (i) in the case of minors, to provide relevant information to the camp representatives related to the person's ability to participate in camp activities; and (ii) in the case of minors, to provide relevant information to the camp representatives to keep me informed of my child's health status. I understand that Friends of Camp Anokijig and Camp Anokijig does not cover camper health and medical expenses.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied as needed.

Signature of parent or guardian : _____

Printed Name: _____ Date: _____

COMPLETED BY PARENT/GUARDIANS ANNUALLY

Last Name: _____

First Name: _____

MI: _____

SESSION 1 2 3 4 5 6 7 8 9

Camper Name: _____

Heath History (Filled out by Parents/Guardians):

The following information must be filled in by the parent/guardian, and updated annually per state code. The intent of this information is to provide camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs.

Allergies List all known.

Describe reaction and management of the reaction.

Medication Allergies (list)

Food Allergies (list)

Other Allergies (list) – Include insect stings, hay fever, asthma, animal dander, etc.

Medications Being Taken

Please list ALL medications (including over-the-counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the camper, the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

<input type="checkbox"/> This person takes NO medications on a routine basis.						
<input type="checkbox"/> This person takes regular medications as follows (prescription medications will be given as labeled by the Doctor)						
<table style="width: 100%; border-bottom: 1px dashed black;"> <tr> <td style="width: 15%;">Med #1</td> <td style="width: 40%;">Dosage</td> <td style="width: 45%;">Reason for taking</td> </tr> <tr> <td> <input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime </td> <td> <input type="checkbox"/> Other –Specify _____ </td> <td>_____</td> </tr> </table>	Med #1	Dosage	Reason for taking	<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____
Med #1	Dosage	Reason for taking				
<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____				
<table style="width: 100%; border-bottom: 1px dashed black;"> <tr> <td style="width: 15%;">Med #2</td> <td style="width: 40%;">Dosage</td> <td style="width: 45%;">Reason for taking</td> </tr> <tr> <td> <input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime </td> <td> <input type="checkbox"/> Other –Specify _____ </td> <td>_____</td> </tr> </table>	Med #2	Dosage	Reason for taking	<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____
Med #2	Dosage	Reason for taking				
<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____				
<table style="width: 100%;"> <tr> <td style="width: 15%;">Med #3</td> <td style="width: 40%;">Dosage</td> <td style="width: 45%;">Reason for taking</td> </tr> <tr> <td> <input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime </td> <td> <input type="checkbox"/> Other –Specify _____ </td> <td>_____</td> </tr> </table>	Med #3	Dosage	Reason for taking	<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____
Med #3	Dosage	Reason for taking				
<input type="checkbox"/> Brkfst <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime	<input type="checkbox"/> Other –Specify _____	_____				
Attach additional pages for more medications. Identify any medications taken during the school year that participant does/may not take during the summer: _____ _____						

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary)

Camper Name: _____

General Questions (Explain "yes" answers below)

Has/does the participant:	Yes	No	Yes	No
1. Had any recent injury, illness or infectious disease?	<input type="checkbox"/>	<input type="checkbox"/>	17. Ever had problems with joints (e.g., knees, ankles)?	<input type="checkbox"/>
2. Have a chronic or recurring illness/condition?	<input type="checkbox"/>	<input type="checkbox"/>	18. Bringing an orthodontic appliance to camp?	<input type="checkbox"/>
3. Ever been hospitalized?	<input type="checkbox"/>	<input type="checkbox"/>	19. Have any skin conditions (e.g., itching, rash, acne)?	<input type="checkbox"/>
4. Ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	20. Have diabetes?	<input type="checkbox"/>
5. Have frequent headaches?	<input type="checkbox"/>	<input type="checkbox"/>	21. Have asthma?	<input type="checkbox"/>
6. Ever had a head injury?	<input type="checkbox"/>	<input type="checkbox"/>	22. Had mononucleosis in the past 12 months?	<input type="checkbox"/>
7. Ever been knocked unconscious?	<input type="checkbox"/>	<input type="checkbox"/>	23. Had problems with diarrhea/constipation?	<input type="checkbox"/>
8. Wear glasses, contacts or protective eye wear?	<input type="checkbox"/>	<input type="checkbox"/>	24. Have problems with sleepwalking?	<input type="checkbox"/>
9. Ever had frequent ear infections?	<input type="checkbox"/>	<input type="checkbox"/>	25. If female, have experienced first menstrual cycle.....	<input type="checkbox"/>
10. Ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	26. If female, have an abnormal menstrual history?	<input type="checkbox"/>
11. Ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	27. Have a history of bed-wetting?	<input type="checkbox"/>
12. Ever had seizures?	<input type="checkbox"/>	<input type="checkbox"/>	28. Ever had an eating disorder?	<input type="checkbox"/>
13. Ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	29. Ever had emotional difficulties for which professional help was sought?	<input type="checkbox"/>
14. Ever had high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>		
15. Ever been diagnosed with a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>		
16. Ever had back problems?	<input type="checkbox"/>	<input type="checkbox"/>		

Remember to send copy of Insurance Card—both sides

Please explain any "yes" answers, noting the number of the questions.

Which of the following conditions/illnesses has the camper had? Year

<input type="checkbox"/> Measles	_____
<input type="checkbox"/> Chicken Pox	_____
<input type="checkbox"/> German Measles	_____
<input type="checkbox"/> Mumps	_____
<input type="checkbox"/> Hepatitis A	_____
<input type="checkbox"/> Hepatitis B	_____
<input type="checkbox"/> Hepatitis C	_____
<input type="checkbox"/> Pertussis (whooping cough)	_____

American Camp Assoc. Requirement

Required	Month /Year
Most recent date of immunization	
DTP (diph/tetanus/pertussis)	_____
<i>or</i>	
TD (tetanus/diphtheria)	_____
<i>or</i>	
Tetanus	_____

You may send a copy of an immunization record from school, athletics or the state web site in place of the vaccination information above.

Which of the following has your camper been vaccinated for? Yes

Measles	<input type="checkbox"/>
Chicken Pox	<input type="checkbox"/>
German Measles	<input type="checkbox"/>
Mumps	<input type="checkbox"/>
Hepatitis A	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>
Pertussis (whooping cough)	<input type="checkbox"/>

I have chosen to NOT immunize my child and will send to the Camp Office a signed and dated statement saying so prior to my child's arrival at Camp Anokijig.

My child is up-to-date on all immunizations Yes

Description of any current physical, mental, developmental, emotional, psychological, or social health conditions requiring medication, treatment, or special restrictions or considerations while at camp? Please explain in detail.

Camper Name: _____

Camper exams should be within 24 months of last date of camp attendance to be filled out by a licensed M.D., R.N., or Equivalent. Each camper must have a physical exam on file in order to attend camp. Adventure Trips and Whitewater Day Trip require exam within 12 months of last date of camp attendance.

Physical Examination by Licensed Medical Personnel

Fill out Legibly in English

Date of Exam: _____.

BP _____ Weight _____ Height _____

In my opinion, the above applicant: is able to participate in active camp program activities with no restrictions
 is able to participate in an active camp program with the restrictions indicated below.

The applicant is under the care of a physician for the following conditions

Recommendations and Restrictions at Camp

Treatment to be continued at camp _____

Medications to be administered at camp (name, dosage, frequency) _____

Any medically-prescribed meal plan or dietary restrictions _____

Known allergies _____

Description of any limitation or restriction on camp activities _____

Additional information for health care staff at the camp _____

Signature of Licensed Medical Personnel _____

Printed _____ Title _____

Address _____

Phone _____ Date _____

Mailing Address:
Camp Anokijig
W5639 Anokijig Lane
Plymouth, WI 53073
920-893-0782
800-741-6931
anokijig@anokijig.net

PAGE 4 COMPLETED BY LICENSED MEDICAL PERSONNEL