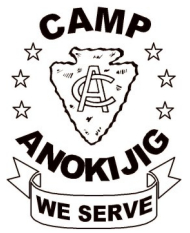




**2020**  
**ROCK CLIMBING DAY TRIP**  
**Devil's Lake State Park, Baraboo, WI**  
**June 24, July 15, July 28**



**7:00 AM—7:00 PM**

With an early start to our day, we're going to make the most of our climb time on the unique purple quartzite cliffs at Devil's Lake State Park; a premiere rock climbing destination of the Midwest. We'll meet our professional, highly trained and certified guides who will outfit us with all the necessary safety gear and then challenge us to navigate up on some of the best rock faces, cracks, and crags. Participants will learn climbing safety protocols, active belaying techniques, and strategies to reach new heights and conquer new goals. Climbing routes vary in difficulty and participants climb at their own pace. We'll eat lunch on the bluffs while admiring the crystal blue lake below. Then, when our muscles can climb no more, we'll catch dinner on the road and return back to Camp in time for the evening's activities.

**What to look forward to:**

- A great whole-body workout!
- A self-paced adventure, not a race or competition
- Spectacular views of Devil's Lake State Park

**What to Bring?**

- Comfortable, layered clothing (longer shorts/leggings preferred)
- Comfortable shoes for hiking (climbing shoes provided by guides)
- A signed, permission waiver
- Sunscreen, bug spray
- Waterbottle (MANDATORY)
- Camera (optional)
- A great attitude!



In the event of a medical emergency, the Day Trip Leader carries a First Aid/CPR/AED certification and additional appropriate care will be sought at SSM Health St. Clare's Hospital in Baraboo, WI (approximately 12 minutes, 4.5 miles away).

